

Six Steps Worksheet*

Family member	What to share	How to share	When and where to share	Plan	Notes
<i>Example: Mom</i>	<ul style="list-style-type: none">- <i>She wants to know everything</i>	<ul style="list-style-type: none">- <i>In person</i>	<ul style="list-style-type: none">- <i>At home, in the living room, next week</i>	<ul style="list-style-type: none">- <i>Have support group resources ready, I know she likes this</i>	

